

ASTHMA POLICY

This is a whole-school policy, within the framework of which the Junior School and Infant School plus EYFS policies operate as appropriate.

Introduction

1. The school seeks to ensure that pupils with asthma can participate fully in the curriculum and receive appropriate medical care in school. Staff will be aware of this policy and the Nurse will advise on the needs of individual pupils.

Record Keeping

2. At the beginning of each school year parents of all pupils with asthma will be sent an Asthma Card for completion. The asthma card can be filled in with the help of your GP/Practice Nurse if required. Additionally, parents of pupils with a severe condition will be asked to complete an Individual Health Care Plan. A register of pupils with Asthma which will be available to all school staff, and displayed in the Staff Common Room.

Medication

3. Immediate access to inhalers is vital.

Medication for Infant and Junior School pupils is to be kept in the classroom out of the reach and sight of pupils (labelled clearly and up to date), to be accessed by the teacher as required.

Medication for Senior School pupils and Sixth Formers is to be held by the pupil as appropriate, where they can readily and easily access it themselves, with a spare to be held in Reception.

It is a parent's responsibility to ensure that appropriate medication is available in school. Parents must inform the school of any changes to a pupil's medication or condition.

4. Staff should always allow pupils to administer medication when required.

P.E. or Other Strenuous Activity

5. Pupils with asthma should be involved in the full range of games and P.E. but must take appropriate precautions depending on their condition. Staff will be made aware of the needs of pupils and it is the pupil's responsibility to ensure that appropriate medication is on hand during P.E. or games.



GUIDANCE NOTES FOR DEALING WITH AN ASTHMA ATTACK

Should a pupil have an asthma attack - that is: become breathless, wheezy and/or cough continually -

- Reassure the sufferer
- Let the pupil sit but NOT lie down
- Allow the pupil to take their usual medication (normally a blue inhaler)
- Watch and wait 5-10 minutes
- If you are worried send for a first-aider
- If the symptoms disappear the pupil may resume the activity
- If the symptoms improve but recovery is not complete send the pupil to a first-aider
- If the child appears to be in severe distress/collapse, do not wait for the first-aider, call the emergency services, 999.
- **Inform a first-aider that the attack has occurred no matter how minor the attack.**

An updated list of asthmatic pupils is displayed in the Staff Common Room.

Reviewed and updated by Constitution Committee: 20 January 2011

Approved by Board of Governors on 14 March 2011

Updated by Miss Louise Newton July 2016

Approved by Dr Zuber Bux [Governor] August 2016