



Monday, 20th February 2017

Dear Parents & Guardians,

PSHEE lessons: Year 6 Relationship Education

As part of our Personal, Social, Health and Economic Education, the children in Junior School will be covering a six week 'Friends & Family' topic based on a unit of work written by Wiltshire's Personal Development Education Team. In Year 6 this work will begin by looking at how people deal with loss. The main focus is on self-image and stereotyping and how this can be influenced. It then moves on to looking at the choices that people make and the consequences of their behaviour.

The expected outcomes of the lessons are:

- **I have thought about** that there are different ways to grieve as different people show their feelings in different ways.
- **I know** how self-image can be affected and how to deal with self-image issues.
- **I know** some ways of dealing/coping with stereotyping.
- **I have thought about** what peer pressure is and some ways to deal/cope with it.
- **I have thought about** the effects of the media and how it can influence people.
- **I have thought about** the consequences of behaviour and the need for appropriate choices.

Key vocabulary that will be discussed includes: grief/grieve, shock, denial, anger, disbelief, depression, despair, sadness, acceptance, hope, self-image, self-esteem, confidence, body image, self-consciousness, unique/ uniqueness, strengths, weaknesses, attributes, role models, perspiration, grease/greasy, body odour, acne, sweating, skin care, hygiene routines, deodorant, sanitary wear, shampoo, soap, stereotypes, peers, peer pressure, strategies, coping, assertiveness, media, advertisements, influence(s), behaviour, choices, consequences, appropriate, reasonable, judgement, actions, decisions, acceptable, unacceptable, decision making, law, positive and negative.

The purpose of this letter is to inform you that this work will begin in the next two weeks. Boys and girls will be taught separately for some of these sessions. You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues such as those above before the work is covered in school.

If you have any queries about the content of the programme or resources used, please do not hesitate in contacting me at school. All lesson plans used are available for you to browse through should you so wish.

Yours sincerely,

A handwritten signature in black ink that reads 'H Singleton'.

Miss H Singleton
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